

LENT 2020



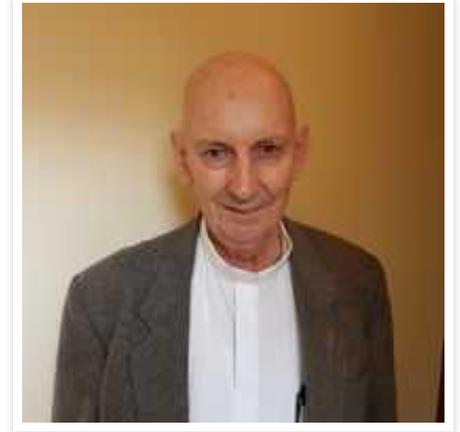
THE CATHOLIC PARISH OF THE
Holy Family

MOUNT WAVERLEY



Jesus, Mary and Joseph, I give thee my heart and soul.

Welcome To Holy Family



As a Church, we have begun the Season of Lent, the most sacred penitential season of the Church's calendar, which prepares us for the most sacred feast of the year, namely Easter. The word 'Lent' comes from an old English word meaning 'Springtime'. So we could call it our 'spring-cleaning time' in our spiritual life.

One of the key reasons why we undertake the discipline of Lent through renewed prayer, fasting – choosing self-restraint in what we eat and drink, and almsgiving – that is, giving from our personal resources to the care of the poor and those in desperate need, is that we are choosing to respond to the call of God for every one of us to grow in personal holiness. In other words, we are called to be 'saints'.

In a spiritual classic book by Father Martindale SJ, titled *What Are Saints?*, he writes: "The word saint has got rather under the weather... saint and saintly are words that are not popular nowadays." He suggests that we are more likely to say something like this, "Of course I am not saint, but I do draw the line at this or that."

Pope Francis pointedly comments: "Jesus did not come on earth to teach us good manners, such as how to behave well at table... Christ came to save us, to show us the way, the only way out of the quicksand of sin. And this way of holiness is mercy; that mercy which he has shown, and daily continues to show us. To be a saint is not a luxury. It is necessary for the salvation of the world. That is what the Lord is asking of each of us. Therefore, let us take His word to heart as we commit ourselves fully to our spiritual journey during these weeks of Lent.

As we ponder the many official 'saints' of the Church, we realise firstly, that they are real people and not figments of human imagination. To use a modern term, they are not "fake news!" And secondly, as we study their lives, we appreciate how they all came to accept the graces and gifts of God in their daily lives, in their daily living of maturing wholeness and holiness. And thirdly, we recognise that the saints were prepared to serve unselfishly the genuine needs of others to the ultimate limit of self-sacrifice.

So let you and me not forget that Jesus of Nazareth chose to surround himself with women and men to whom he gave unconditionally his personal love and confidence. At the end of his book, Father Martindale sums it up this way: "Saints are not morose nor 'kill-joys', not fantasies... nor inexplicable portents among people. They start at the beginning – GOD; God revealed in Jesus Christ. They move toward the human end – GOD; God revealed through Christ. Therefore, with joy and confidence accept the personal invitation to embrace and enjoy the call to be and become a saint!"

God bless each and all of us, as we continue to live in faith.

Father Michael Morgan
Pastor Emeritus



Sundays this Month

1 MARCH

1st Sunday of Lent

The "good act" that St Paul speaks about is Jesus' unfailing fidelity to the Father's will. We will not be duped by the suggestion that somehow God will be jealous at the prospect that we "will be like gods". It is the Lord's greatest joy that we share His image and likeness... not through self-seeking but through obedience by which many will be made righteous.

READINGS

Genesis 2:7-9,3:1-7
Romans 5:12-19

PSALM

R. Be merciful, O Lord, for we have sinned.

GOSPEL:

Matthew 4:1-11

8 MARCH

2nd Sunday of Lent

To listen to Jesus, we must be close to Him, to follow Him. When we listen to the Word of Jesus and carry it in our hearts, this Word grows. The Word of Christ grows in us when we proclaim it, when we give it to others! This is what Christian life is. Through the Transfiguration, we have been given the power we need to go where God directs us.

READINGS

Genesis 12:1-4
2 Timothy 1:8-10

PSALM

R. Lord, let your mercy be on us, as we place our trust in you.

GOSPEL:

Matthew 17:1-9

15 MARCH

3rd Sunday in Lent

Pope Benedict XVI writes that "the woman is made aware of what in actuality she has always known: that she thirsts for life itself and that all the assuaging that she seeks and finds cannot slake this living, elemental thirst." Through our Lord, we can all be certain that we will at last be "at peace with God". With our Lord: we will not die of thirst.

READINGS

Exodus 17:3-7
Romans 5:1-2,5-8

PSALM

R. If today you hear his voice, harden not your hearts.

GOSPEL:

John 4:5-42

22 MARCH

4th Sunday in Lent

When Jesus sees the blind man, He says, "As long as I am in the world, I am the light of the world." The man was born blind "so that the works of God might be displayed in him". The Light who is Christ reproduces itself in us, so that we might come to resemble the source of that light.

READINGS

1 Samuel 16:1,6-7,10-13
Ephesians 5:8-14

PSALM

R. The Lord is my shepherd; there is nothing I shall want.

GOSPEL:

John 9:1-41

29 MARCH

5th Sunday in lent

God promised, "you will know that I am Lord when I open your graves and raise you from your graves." This is the optimum moment for God to have Lazarus rise from his grave, for the event teaches us how much we must trust the power of Jesus' love for us.

READINGS

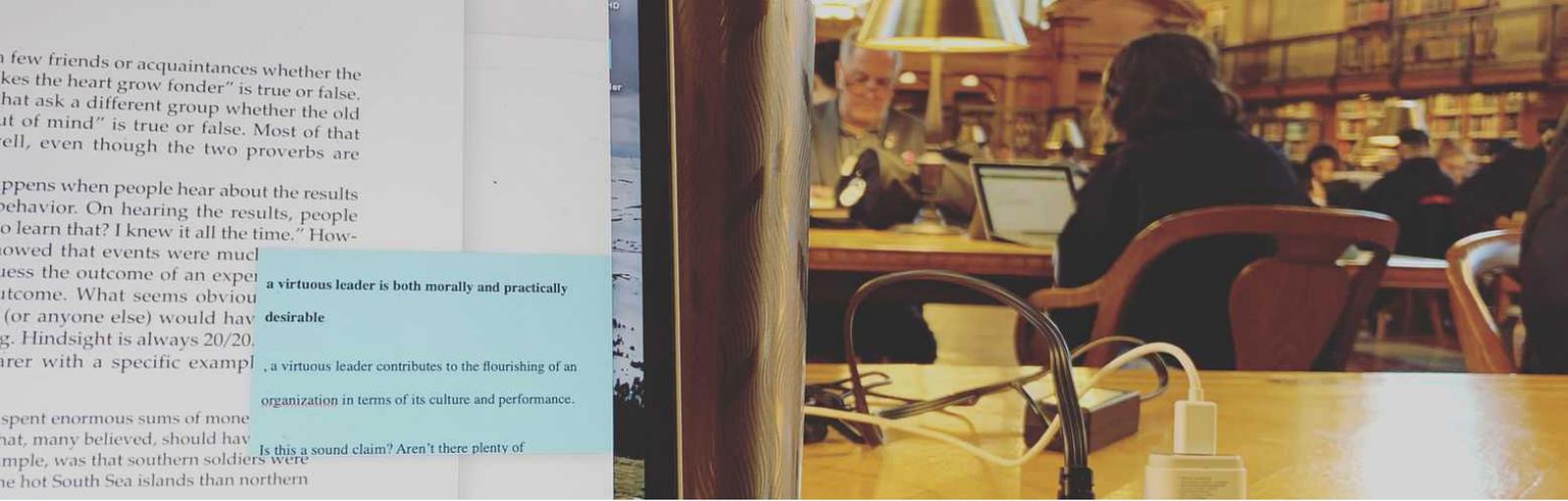
Ezekiel 37:12-14
Romans 8:8-11

PSALM

R. With the Lord there is mercy, and fullness of redemption.

GOSPEL:

John 11:1-45



Fortitude and Perseverance

Written by: Fr Nicholas Pearce

“ Be courageous. I have seen many depressions in business. Always America has emerged from these stronger and more prosperous. Be brave as your fathers before you. Have faith! Go forward! - Thomas A. Edison

I am struck that since I last wrote to you, nothing much has happened at all – and at the same time, a lot has happened. These past few weeks in New York City have been marked by a simplicity and rhythm that is often hard to find in the busyness of daily life at home, which leads me to wonder... if only all of life could be spent on sabbatical.

I am living with a community of Dominican Friars who run a parish in downtown Manhattan. My family has a long connection with the Dominican Friars in Melbourne, so much so that I celebrated my First Mass as a priest at St Dominic's Church, East Camberwell. I may have shared with some of you the story of my grandmother letting me know of her disappointment when I joined the diocesan seminary, as she thought that the Dominican vocations material she had given me as a child had been wasted. She once commented that she thought I would look better in the Dominican white, than the Diocesan black. It has been great to finally 'test' my vocation as a Dominican Friar, if even for just a few weeks.

One of the hallmarks of religious life is the *horarum* or daily schedule of life, which has at its core the praying of the Liturgy of the Hours at meals in common. For Diocesan priests, the Divine Office is prayed alone, and often meal time is spent alone when we are not sharing meals with our people. Our daily timetable often changes from day to day, according to what is on. It can sometimes lead to one or

more elements of life being neglected at the expense of the other. For religious like the Dominicans, common prayer and meals are integral to the life of the community. Their day is marked by these times together, and their apostolic work and other responsibilities all stop when the bell rings for prayer. Spending time with this community of young priests, who are committed to supporting each other in growing in holiness and closeness with the Lord, has been incredibly encouraging and a reminder of the need for all of us to ensure that we have a rhythm and balance in our lives.

As a Church in Melbourne, we face the challenge of finding new ways of supporting our Diocesan clergy. Care of clergy, especially our young priests, and those who work in isolated and often thankless appointments, is something we all must take seriously if we want to see the Church continue for the next generation. Whilst we are seeing encouraging numbers of young men entering our Seminary, the reality is that for the foreseeable future the priests we have are going to be stretched even more thinly, and required to work even harder, all in an environment that grows more and more hostile to them and their vocation. I encourage you at this time to join me in praying not only for our priests, but also for our Archbishop and those who advise him. Over the months ahead, Archbishop Comensoli has committed to the vital work of looking at the future structure of the parishes of our Diocese and to discern how we are to support both our Catholic people,

as well as our clergy, moving forward. Let us all keep this important work in our prayers.

Outside of the daily life of prayer and community, most of my time has been spent in the magnificent New York Public Library, which may be familiar to you from its use in many a Hollywood movie including *Ghostbusters* and *The Day After Tomorrow*. Standing proudly on the front steps of this imposing building are two stone lions, nicknamed Fortitude and Perseverance during the Great Depression – two qualities needed then, and also now, by every student who passes by to utilise the great reading room as a place of inspiration and study. Once you get over the awe, and a little distraction, the thing that strikes you most about the library is the silence.

New York is such a large and bustling city. Day and night, the streets are full of people, and the traffic and sirens and crowds can leave you a little frazzled after the 30-block walk from the parish to the library. Yet once you get inside, and have tackled the three flights of stairs, you find yourself seated among the 300+ others, in silence, and you realise how important a place like this is. Not because of its splendour, or the movie stars who have walked the halls, but because silence is such a rare commodity in this world. It is in silence that thoughts are processed, inspiration is had, futures are discerned, and God is able to speak. *“He made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray.”* (Matt 14:22-23).

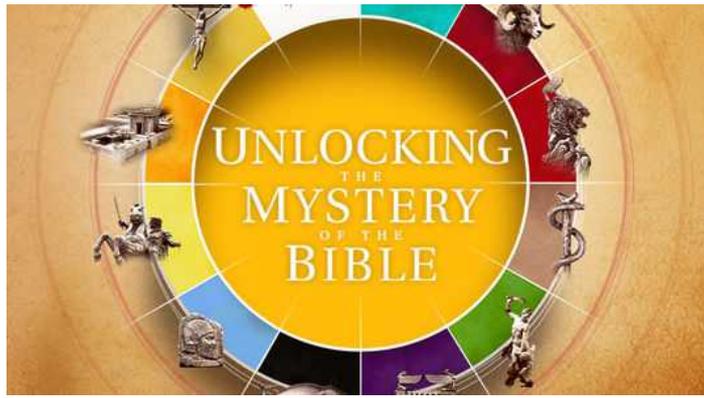
“Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied.... Then he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray” (Matt 14:22-23).

Time and time again in the scriptures we see that our Lord withdraws from the crowds, and even, at times, from his closest disciples, in order to be alone with God the Father in prayer. For our Lord, and for each one of us, finding time to step away from the crowds, from the noise, is key as it is only in silence that we are able to truly place ourselves before our Heavenly Father, and to nurture that relationship which is more important than any other.

This week, we begin the season of Lent. While the whole of our lives cannot be spent on sabbatical, the Church does provide for us, priest and people alike, these 40 days of Lent as an opportunity to take a break, a sabbatical in daily life. Each year, this season provides us with the opportunity to stop, take stock and to renew. May this Lent be for you a time where not much happens, but at the same time, a lot happens. Where the great virtues of fortitude and perseverance may help you through prayer, fasting and almsgiving to rediscover your own daily rhythm of prayer, and in particular the common prayer of the Church. May these days be also marked by silence, for it is in silence that the Lord truly can speak, and where we can grow in our relationship with our Heavenly Father. May this Lent be a time of renewal for each one of you, so that together (even if separated by vast oceans) we may celebrate, with renewed faith, the great Easter mysteries.



Lenten Season at Holy Family



Unlocking the Mystery of the Bible

WEDNESDAY, 12 FEBRUARY, 7:00PM SMALL HALL

Holy Family invites you to join us this Lent, as we take a deeper look at Sacred Scripture. This eight-week program will include a video presentation, small group discussions and some take-home preparation for each participant. No cost but donations are warmly welcomed. Please register by contacting the Parish Office: 9807 9494



Stations of the Cross

FRIDAY, 28 FEBRUARY, 7:00PM 28 FEB, 7:00PM

6 MAR, 7:00PM 13 MAR, 7:00PM 20 MAR, 7:00PM

HOLY FAMILY CHURCH

A beautiful way to pray and reflect on the journey Christ took toward the Cross. Every Friday night in Lent, followed by Benediction.

GRACE LENTEN PROGRAM BOOK

Grace is a wonderful daily devotional with scripture readings and short reflections for the Lenten season by religious, clergy and lay contributors world wide.

↖ \$8 Piety Stall

What's On at Holy Family



Baptism Preparation Class

SUNDAY, 1 MARCH, 10:30AM PARISH LIBRARY

A day of preparation for all parents looking to have their child baptised at Holy Family Parish. For more information and to register your attendance, contact the Parish Office: 9807 9494 or email: mountwaverley@cam.org.au



Sacramental Information Night

THURSDAY, 12 MARCH, 6:30PM HOLY FAMILY PRIMARY SCHOOL

Parents of children receiving the Sacraments of First Holy Communion or Confirmation in 2020 will be required to attend this information evening. If you have a child in a public school and would like an enrolment form for these sacraments, please contact the Parish Office: 9807 9494



Parishioners' Luncheon

FRIDAY, 13 MARCH, 11:30AM HOLY FAMILY SMALL HALL

Father Michael will be celebrating a Healing Mass for us at 11.30 am, and this will be followed by lunch in the small hall. Our speaker will be Bev Moss, who became an Air Hostess with Ansett Airlines in the 1960s, so "Come Fly with Me" and be entertained by memories of an era far different from the workplace of today. Bookings essential through the Parish Office 9807 9494, by **Wednesday 11th March**.



Combined Catholic Parishes Car Raffle

SUNDAY, 15 MARCH, 8:30AM

THANK YOU to all those parishioners who have taken a raffle book. Please note that Raffle Ticket butts and money are to be returned to the volunteers who will be in the church foyer after all weekend masses until Sunday 15 March. Parishioners can, at any time, also return butts and money to the Parish Office **secure letter box** located to the right of the front door to the Office. There are still a small number of raffle books available for distribution as well as tickets for sale. Thank you once again for supporting this important Parish fund raising activity.

Alpha

We are excited to be running Alpha again at Holy Family! We had great success with our two rounds of Alpha last year, with about 50 participants attending and over 70 parishioners volunteering for various roles. We are so grateful for the support of all of the volunteers who generously gave of their time and talents.

Alpha is a program that helps draw people into an encounter with Christ. Alpha begins with a meal; we then watch a video that explores a major question about Christianity; and lastly, we break into smaller discussion groups. Alpha is tailored towards those who do not know the Christian faith well but is open to anyone who has questions about Christianity or who would like to grow in their relationship with Christ. Our first Alpha will start on Wednesday, April 22nd at 7:00pm.

As we prepare for the start of Alpha, there are a number of key roles for which we need your support. We are preparing to build our core team that will help run the Alpha sessions. This task will involve helping to facilitate a small group and building supportive relationships with the guests over the course of the program. All those interested in leading will need to participate in training prior to the start of Alpha. Please contact Kari to discuss becoming an Alpha leader at mountwaverley.evangelisation@cam.org.au

Additionally, we are hoping to get another large group of volunteers to help with cooking, shopping, set up/pack up, and building a prayer team for Alpha. These roles may seem simple but hospitality is an essential part of Alpha; if guests feel welcome and comfortable they are more likely to be receptive to what they are hearing and more open to becoming part of our community. Good hospitality is an essential part of evangelisation! Please email or call Kari in the parish office to learn more about these roles and keep an eye out for task signup sheets in the church foyer.

Sunday Sessions

Sunday Sessions will start up again on April 19th, starting at 9am and ending in time for the 10:30am Mass.

This year we will be beginning the 20-week-long *Symbolon* series. *Symbolon* is a two-part series that first explores “the core teachings of the Catholic Church traced out in the Creed and the Catechism with the goal of knowing the Faith” and later focuses “on our encounter with God in the sacraments and the moral life so that we can be fully living the Faith.” Part One will end on June 21st, and we will return for Part Two on August 9th. Our Sunday Sessions are open to everyone, including those who are curious and have questions about Catholicism, or those who are already Catholic but want to deepen their faith. At Holy Family, Sunday Sessions are an essential element of preparation for adults wishing to be Baptised. Please join us, and feel free to bring a friend along, on April 19th in the Parish Library.





Holy Week

Palm Sunday – 5th April

Mass

6:00pm (Vigil), 8:30am, 10:15am (Blessing for the Palms),
10:30am, 5:00pm.

No confession Palm Sunday morning

Monday of Holy Week – 6th April

6:30pm - Mass

7:00pm - Confession

Tuesday of Holy Week – 7th April

9:15am - Mass

9:45am - Confession

Wednesday of Holy Week – 8th April

9:15am - Mass

The Easter Triduum

Holy Thursday – 9th April

8:00pm - Mass of the Lord's Supper

Followed by veneration at the Altar of repose till 11pm.

Good Friday – 10th April ***(Day of Fasting and Abstinence)***

10:00am - Confession

3:00pm - Commemoration of the Passion and Death of Our
Lord

Holy Saturday – 11th April

10:00am - Confession

7:30pm - Easter Vigil

Easter Sunday – 12th April

Mass

8:30am, 10:30am, 5:00pm

Parish Notices

Project Compassion Prayer

God of all peoples and nations, as you accompany us on our Lenten journey, may our fasting strengthen our commitment to live in solidarity, our almsgiving be an act of justice, and our prayers anchor us in love and compassion. Awaken our hearts and minds that we may be one human family as we all go further together. We ask this in Jesus' name.

Amen.

Alpha Volunteering

We are hoping to get another large group of volunteers to help with:

- Cooking
- Shopping
- Set up/pack up
- A prayer team

These roles may seem simple but hospitality is an essential part of Alpha, if guests feel welcome and comfortable they are more likely to be receptive to what they are hearing and more open to becoming part of our community. Good hospitality is an essential part of evangelisation! Please enquire with the Parish Office or sign up in the church foyer.

KARI - DIRECTOR OF EVANGELISATION

mountwaverley.evangelisation@cam.org.au

Project Compassion

Project Compassion will be running throughout the Lenten season. Information and materials, if you wish to donate to the project, are located in the foyer of the church.

Thank you.

SUMMIT - New Schedule

Youth ministry for Years 10-12

Now held each Sunday of the month. Come along and explore the Youth Alpha series this month.

Parish Library

JOE - YOUTH MINISTER

mountwaverley.youth@cam.org.au

Sacramental Preparation at Holy Family

Baptisms: Couples seeking Baptism for a child will need to arrange a meeting with the Parish Priest and attend one of our five Baptism preparation sessions that run throughout the year.

First Holy Communion, and Confirmations: Holy Family Parish offers sacramental preparation to children who are enrolled in public schools and would not receive preparation otherwise.

Marriages: Couples who are seeking the Sacrament of Marriage need to arrange an appointment with the Parish Priest. Marriage preparation typically involves meetings with the Parish Priest and some preparation sessions that are run by the Archdiocese.

Please contact the Parish Office to enquire or begin the application process for any of these Sacraments.

PARISH OFFICE

mountwaverley@cam.org.au

Holy Family Play Group 2020

We are currently working on a new schedule for our Holy Family Playgroup. Any updates about when the playgroup will be back, will be posted in the Newsletter and Weekly Notice Sheet - stay tuned!

Summit Youth

We all have questions that we'd like answered, especially as we grow in faith.

Youth Alpha is a wonderful opportunity to start from the ground up and explore some fundamental aspects of Christianity. It is a nine-week course where you can feel comfortable about talking about Jesus and discuss questions like: "Who is Christ? Why did He die for us? Why and how should I read the Bible?" It is a fun, interesting and clear way to learn more and answer some crucial questions.

During our SUMMIT youth group each Sunday night at 6pm, we will dip into these topics by watching a video presentation, followed by small group discussion. It is a warm and welcoming environment to learn some key aspects of your faith with similar-minded youths... the pizza dinner is just a bonus!

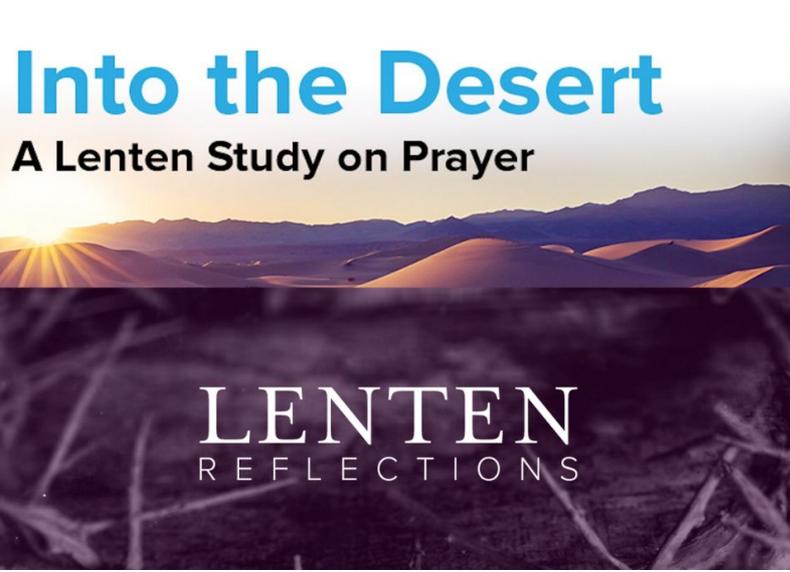
So if you are in Years 10-12, come along and explore these questions with us!

Additionally, the Summit Youth group will be participating in the **Rise Festival at Emmaus College on March 21st**. Youth groups, schools and communities from around Melbourne will come together for this exciting event featuring live music, high-impact talks, prayer experiences, creative spaces, an expo, sport, entertainment, and great food. This is an excellent opportunity for young people to discover and deepen their relationships with Christ and to celebrate their faith. Guest speakers and entertainers include Archbishop Peter, Fr Rob Galea, Justine Cumbo and J.Sano. Tickets are only \$20. Please contact, Joe Melhem, the youth minister if you are interested in attending with our group. Contact: mountwaverley.youth@cam.org.au



Journey through Lent with FORMED

Register for free at mountwaverley.formed.org



Into the Desert

A Lenten Study on Prayer

LENTEN
REFLECTIONS



FORGIVEN™

THE TRANSFORMING POWER OF CONFESSION

A Lent to Remember

A Lenten Encounter with Mercy

Contact Us

OFFICE HOURS

9:30am - 2:30pm (Mon - Fri)

ADDRESS

236 Stephensons Road,
Mount Waverley, Victoria
3149

PHONE

03 9807 9494

EMAIL

mountwaverley@cam.org.au

WEBSITE

holyfamily.melbourne

PARISH LEADERSHIP TEAM

Father Nicholas Pearce
Parish Priest

Kari Quist
Evangelisation and Catechesis

Mariana Hladik
Parish Administration

Joe Melhem
Youth Ministry

Genevieve Bryant
Youth Engagement

Lauren Considine
Religious Education Leader (Holy
Family School)

Leighton Hughes
Parish DesignOps

PARISH STAFF

Julie David
Principal - Holy Family School

Janet Cullinan
Parish Secretary

Christian Bergmann
Hall Coordinator

Fr David Kim OFM Conv.
Chaplain to the Korean
Community

HALL BOOKINGS

Small and Large Halls are
available for family and
group bookings.

Parishioners' rates available.
Please contact the Parish Office
for more information.

COLUMBARIUM AND MEMORIAL GARDEN

Plots are now available for
reservation for Parishioners
and Families.

Please contact the Parish Office
for more information.

Regular Mass Times *

WEDNESDAY

9:15am
Followed by morning tea

THURSDAY

7:30am
7:30pm **KOREAN**

FRIDAY

9:15am

SATURDAY

6:00pm

SUNDAY

8:30am
10:30am
1:30pm **KOREAN**
5:00pm

* Weekly Mass Schedule may
change from time to time. Please
check the Parish website for the
most up-to-date information.

Adoration of the Blessed Sacrament

WEDNESDAY

8:00am - 9:00am

FRIDAY

8:00am - 9:00am

Confession Times

SATURDAY

5:15pm - 5:45pm

SUNDAY

9:45am - 10:15am

Baptisms

Sundays following 10:30am Mass.
Please ring the Parish Office for
preparation and scheduling of
Baptism.

Weddings

By appointment with the Parish
Priest.

CGB | architect

P 0468 632 148 - Christian

Stitch 'n' Time

P 0424 095 800 - Elsie



P 0417 399 366 - Andrew
E mailbox@antmdesign.com



P 0433 661 738 - Jeffrey Kang

Active Cleaning

P 0418 382 505 - Simon



P 9807 3007



P 9886 5318

Choi Painting

P 0402 354 246 - Alberto