



THE CATHOLIC PARISH OF THE  
**Holy Family**  
MOUNT WAVERLEY

## A Liturgy of the Word for use in the Home. First Sunday of Advent

Follow along online at <https://holyfamily.melbourne/connect/sunday>

### INTRODUCTORY RITES

In the name of the Father, and of the Son, and of the Holy Spirit.

*R. Amen.*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*R. And with your spirit.*

Brothers and sisters, let us acknowledge our sins.

*All recite together the formula of general confession:*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,

*And, striking their breast, they say:*

through my fault,  
through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*The absolution by the Priest follows:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

*R. Amen.*

V. Lord, have mercy.

R. Lord, have mercy.

V. Christ, have mercy.

R. Christ, have mercy.

V. Lord, have mercy.

R. Lord, have mercy.

*The Priest alone continues, saying:*

Grant your faithful, we pray, almighty God,  
the resolve to run forth to meet your Christ  
with righteous deeds at his coming,  
so that, gathered at his right hand,  
they may be worthy to possess the heavenly kingdom.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

R. Amen.

## LITURGY OF THE WORD

Full texts for the readings can be found online at <https://universalis.com>

### FIRST READING

**Isaiah 63:16-17, 64:1,3-8**

### PSALM

*R: Lord, make us turn to you; let us see your face and we shall be saved*

### SECOND READING

**1 Cor 1:3-9**

### GOSPEL

A reading from the holy Gospel according to Mark

R. Glory to you, O Lord.

**Mark: 13:33-37**

.....The Gospel of the Lord

R. Praise to you, Lord Jesus Christ.

## INTERCESSIONS

Father, you have given us the grace of looking forward to the coming of your Son:

– *Send us your loving kindness.*

Bring us to life, Lord:

may we be the servants found watching when the Master returns.

– *Send us your loving kindness.*

Send your Son to those who wait in hope:

let no man search for you in vain.

– *Send us your loving kindness.*

Bless us as we work:

give us faith until the end, when your Son will come in glory.

– *Send us your loving kindness.*

Father, we praise you for the presence of the Spirit in our lives,

making men and women bearers of your message and your purpose.

– *Send us your loving kindness.*

---

At the Saviour's command  
and formed by divine teaching, we dare to say:

*Together with the people, he continues:*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

*The Priest alone continues, saying:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

*The people conclude the prayer, acclaiming:*

For the kingdom,  
the power and the glory are yours  
now and for ever.

*The Priest alone continues, saying:*

Let us take a moment for quiet prayer, placing before our Lord our needs and intentions at this time.

*After some time for quiet prayer the priests and people together pray*

My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart. I embrace You as if You were already there and unite  
myself wholly to You. Never permit me to be separated from You.  
Amen.

## BLESSING

*The Priest alone continues, saying:*

May these mysteries, O Lord,  
in which we have participated,  
profit us, we pray,  
for even now, as we walk amid passing things,  
you teach us by them to love the things of heaven  
and hold fast to what endures.  
Through Christ our Lord

*R. Amen.*

May the Lord Bless Us, Keep us from all evil, and bring us to everlasting life.

*R. Amen.*

## A PRAYER TO ST JOSEPH

My Brothers and Sisters let us turn to St Joseph, seeking his intercession in this our time of need

*Together with the people, he continues:*

St Joseph, You were receptive to God working in your life. Help us by your prayers at this time of trial. You kept Jesus and Mary under your watchful care: may your prayers assist our local Church to respond to those in need. You taught the Christ Child your trade and prayers: help us to follow his example of love. You were part of God's plan for all humanity: assist us to be vigilant and responsible this day. You spent your life in service: may we be mindful of others, particularly the elderly and vulnerable, caring for them in these difficult days. You trusted in the clear primacy of God over all history and every situation: help us to grow in faith and pray to the Father, Thy will be done. Amen