

JULY



THE CATHOLIC PARISH OF THE
Holy Family

MOUNT WAVERLEY



Jesus, Mary and Joseph, I give thee my heart and soul.

Welcome to Holy Family

As we enter July, Melbourne is immersed in the depths of winter. As a Church, we enter into the season of 'Ordinary Time' in our liturgy as our season of feasts comes to a close.

In the simpleness of ordinary time we are reminded once again that it is in the stillness and silence that God likes to work. When we look at nature, we see this: babies grow in silence; trees and plants grow in silence; and God's grace too, in the lives of each one of us grow in silence and stillness. What does 'ordinary time' mean for us then? Does the fact that we have no great feasts mean that we have nothing to celebrate or be excited about? Is this a time of mundane maintenance as we await the next great event that draws us out of our habits and routines? No! It is in the simplicity of our ordinary time that God really wants to grow in our hearts. It is in our daily lives, in the small things, that we can grow in holiness and develop virtue. Our Christian lives must always involve journey and growth.

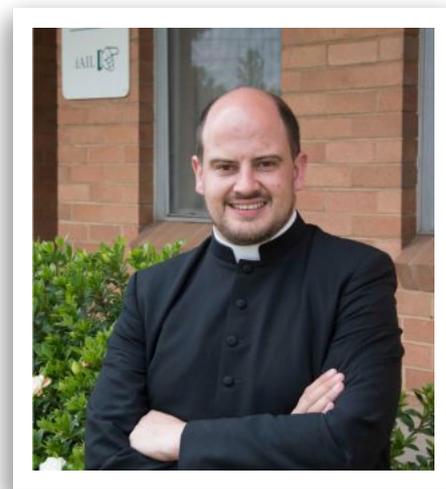
I myself am escaping the cold of Melbourne to walk the ancient Pilgrimage of the Camino de Santiago with 11 young pilgrims from across the Archdiocese. This important time will allow each of these pilgrims the space and silence to discern their vocations, which is often hard to do in the busyness of the world in which we live. I ask you to keep these young men in your prayers and be assured of my prayers for you as we make our pilgrimage.

The Camino has taught me many things, and you can read some of my reflections from previous trips in the pages following, but one in particular is the importance of moving forward. On the Camino and in life, especially in the ordinary times, we are called to quietly and simply continue moving forward. It is only when we stop, and dig our heels in, and refuse to grow and move forward that we find ourselves in trouble. My prayer for each one of you, and for our Parish and Diocese as I make my Camino this year, is that each one of us, as individuals and together, is always willing to continue to grow and move forward, towards the goal that Christ has in store for each one of us.

God Bless,



Fr Nicholas Pearce



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holyfamily.melbourne/subscribe





Sundays this Month

7 JULY

14th Sunday in Ordinary Time

Though initially the 72 are somewhat sceptical about the abilities they received from Christ, they come to witness that the grace of the Lord Jesus Christ is a force beyond themselves by which God, in His mercy, makes the impossible come to be.

READINGS:

Isaiah 66:10-14
Galatians 6:14-18

PSALM:

R. Let all the earth
cry out to God with
joy.

GOSPEL:

Luke 10:1-12,17-20

14 JULY

15th Sunday in Ordinary Time

We should place ourselves first in the position of the one lying beaten and half-dead, not in the place of the Good Samaritan. For only when we have been loved, forgiven, and healed by Christ are we able to do the same for others.

READINGS:

Deuteronomy
30:10-14
Colossians 1:15-20

PSALM:

R. Turn to the Lord
in your need, and
you will live.

GOSPEL:

Luke 10:25-37

21 JULY

16th Sunday in Ordinary Time

"Few things are needed, indeed only one." We need to live in the presence of the Lord. To offer hospitality to the Lord is to centre ourselves on His presence, rather than the distracted contents of our minds. We must endeavour to be still, silent, and attentive before God.

READINGS:

Genesis 18:1-10
Colossians 1:24-28

PSALM:

R. The just will live in
the presence of the
Lord.

GOSPEL:

Luke 10:38-42

28 JULY

17th Sunday in Ordinary Time

The disciples asked Jesus to teach them to pray. They want to pray with His confidence and to experience the same closeness with God. He teaches them to boldly call God, 'Father,' for in Baptism, they gained the audacity, like Abraham, to pray for what seems impossible.

READINGS:

Genesis 18:20-32
Colossians 2:12-14

PSALM:

R. Lord, on the day I
called for help, you
answered me.

GOSPEL:

Luke 11:1-13



Finding the Way

Written by: Fr Nicholas Pearce

“ *To go on pilgrimage is not simply to visit a place to admire its treasures of nature, art or history. To go on pilgrimage really means to step out of ourselves in order to encounter God where he has revealed himself, where his grace has shone with particular splendour*”
- Pope Emeritus Benedict XVI

In July, Father Pearce will leading a group of 11 pilgrims along the ancient pilgrim route of the Camino de Santiago. This is his fifth time leading a group of young people through this life-changing experience, and here are some reflections of his experiences over the years.

Camino days generally start early, around 6am; it is important to try and get a good 10 kilometres under your belt before breakfast and before the heat of the day sets in. It was these early morning starts that were my favourite part of the day, with only the moon to guide you as you make your way in the quiet of the morning chill. As the Camino route takes you westward through the north of Spain, the sun always rises behind you and the warmth on the back of your legs is the first sign to stop and turn around, so as not to miss another amazing sunrise that signals the beginning of a new day and a new opportunity to move forward, towards not only the goal of the Camino, but life itself. What struck me as each new day commenced was that the simplicity and routine of life on the Camino quickly became hypnotic, as the rhythm of your walking, the slower pace of life, and the simplicity of relying on only what you can carry on your back, allows you to focus and

pray with a clarity that is hard to find when surrounded by the busyness and noise of ordinary life.

Each new day brings with it new challenges, new scenery, new people, new soreness. Each new muscle niggle, blister or strain was a reminder that both on the Camino, and in life, we all walk with our own crosses, some visible to the eye, and others known only to the individual. In addition to these solitary crosses, there were shared sufferings also: the steep hills, the blazing sun or the snoring roommate, things that affected us all. No matter what the pain, shared or individual, the Camino reminded me that the suffering only makes sense when we remember that Jesus Christ became man for us, and freely chose to suffer and experience pain for us, so that our own suffering would have a purpose. I would often try to imagine the heat He felt during the 40 days He spent in the desert, being tempted, but never giving in. I would often wonder how many blisters He would have had, after his many journeys proclaiming the kingdom, and of course how many nights of broken sleep whilst sharing a room with 12 snoring apostles after a long day. As I would readjust my pack for the hundredth time in a day, I would think of the weight of the cross He carried for me; as I stumbled on a rock on my way down a hill, I would think of how He picked himself up after each fall and continued onto Calvary on my behalf. This would not make my pain any less, or take away my suffering, but it would strengthen my resolve, and encourage me to continue on, remembering that He did all of this out of love of me and that although He does not take our suffering away, He does share in it, and He shows us through His own suffering, that we too will triumph if we courageously follow in His footsteps.

“Pilgrimages, a sign of the condition of the disciples of Christ in this world, have always held an important place in the life of Christians. Their pilgrimage was a process of conversion, a yearning for intimacy with God and a trusting plea for their material needs. For the Church, pilgrimages, in all their multiple aspects, have always been a gift of grace.”

- Saint John Paul II

Pilgrims who walk the Camino de Santiago are encouraged to carry with them a rock or stone from their home country – a symbol of their own sinfulness and the extra weight we all carry around, as a result of our bad choices. At the highest point of the Camino, Cruz de Faro, pilgrims leave their rock behind at the foot of the ancient cross, a sign of relinquishing their sinful past and their preparedness to recommence again on the journey of holiness. In the days leading up to this, we stayed with a small community of Benedictine monks, praying before the Blessed Sacrament, chanting the Divine Office and, most importantly, receiving the sacrament of Confession, making this symbolic act of placing our rock down a concrete reality through the grace and forgiveness that Jesus offers us all in the sacrament of Reconciliation.

As with much of the Camino, the walk to Cruz de Faro surprised me, as it was a lot easier than what I was expecting. We too often forget that the hard work of redemption has already been done for us by Jesus and that the forgiveness and mercy we seek is always easier than what we expect. As I cast my stone beneath the cross, I renewed my commitment to my own Christian mission and to my service as a priest, praying that my own inadequacies and deficiencies would not hinder the good work that God wishes to achieve through me, and I gave thanks to God for the wonderful gift He has given each one of us in his Son, who offers us all the grace we need, if only we are willing to seek it out. As we walked on, buoyed by our experience, we then faced three tough days of walking on pretty challenging terrain. Whilst the forgiveness of Christ is easy, the way to sanctity is something that we must work at, each and every day. Holiness is achieved through persistence, and perfection is reached only when we are willing to learn from our mistakes and to work hard at improving ourselves. With God's grace, we must pick ourselves up when we fall, and start again each and every day, for our journey will only be complete, and the work over, when we receive our reward in heaven.



What's on at Holy Family

Alpha starts August 7th

Alpha is an opportunity to explore life and the Christian faith in a friendly, open and informal environment.

Register your interest at
holymfamily.melbourne/alpha

Alpha

Alpha - Round II

Alpha is an opportunity to explore life and the Christian faith in a friendly, open and informal environment. The evenings will involve dinner, an informative video and group discussion.



Confirmation Preparation Program

SUNDAY, 7 JULY, 9:30AM & SUNDAY, 14 JULY, 9:30AM & SUNDAY, 21 JULY, 9:30AM & SUNDAY, 28 JULY, 9:30AM

For enquiries and enrolments contact the Parish Office: 9807 9494



Baptism Preparation Day

SUNDAY, 21 JULY, 10:30AM

A day of preparation for all parents looking to have a child baptised at Holy Family. For more information, contact the Parish Office on 9807 9494.

9:30AM: SACRAMENTAL PROGRAM CLASS
10:30AM: MASS
WHERE: PARISH LIBRARY

10:30AM: MASS & RECEPTION OF BAPTISM CANDLE



Family Mass

SUNDAY, 4 AUGUST, 10:30AM

Please join us for our Term 3 Family Mass at 10:30am.

10:30AM: MASS



Mothers' Prayer Group

SATURDAY, 3 AUGUST, 4:00PM

An opportunity for mums to take some time out to pray and socialise with other mums in the parish. Held on the 1st Saturday of the month.

4:00PM: START
5:30PM: END
WHERE: PARISH LIBRARY



Sunday Sesh

SUNDAY, 25 AUGUST, 9:00AM

Delve deeper into the Catholic Faith with the Symbolon Series. This informal study group is open to both parishioners and those interested in becoming Catholic. To register please email, mountwaverley.evangelisation@cam.org.au

9:00AM: START
10:30AM: END
WHERE: PARISH LIBRARY



ACYF Info Night

SUNDAY, 28 JULY, 6:00PM

Youth in years 9-12 are invited to join Holy Family and Aliva College's pilgrimage to the Australian Catholic Youth Festival in Perth. Both parents and youth please come to find out more!

6:00PM: START
7:00PM: END
WHERE: SMALL HALL

GRAND FINAL EVE

FRIDAY 27 SEPTEMBER

THE HOLY FAMILY HALL

TRIVIA NIGHT

Start getting your table together now and join us for a great night of footy, fun and trivia as we support the Young People of our Parish in making their pilgrimage to the Australian Catholic Youth Festival.

“An Afternoon with Our Lady”

Sunday 13th October at Holy Family Parish

Join us for an afternoon of formation, prayer and inspiration as we welcome the Pilgrim Statue of Our Lady of Fatima to the Parish.

4pm - 5pm Holy Hour with Benediction

5pm Holy Mass

6pm Holy Rosary

6:30pm “Behold your Mother” Tim Staples

7:30pm Supper

Tim Staples is Director of Apologetics and Evangelisation at Catholic Answers. Raised a Southern Baptist, he fell away from faith in Christ before coming back during his late teen years. After joining the Marine Corps, he was challenged to study Catholicism. His research drove him to conversion, and even try out the priesthood. He has been working in Catholic apologetics and evangelisation ever since.



FOOD FOR THE SOUL

ALIGHT

FAMILY • FIESTA

SATURDAY
21 SEPTEMBER
8.30AM-4.30PM
ST BEDE'S COLLEGE, MENTONE

★ **INTERNATIONAL GUEST**
FR LEO PATALINGHUG
PRIEST, CHEF, BEST-SELLING
AUTHOR, MARTIAL ARTS TEACHER,
BREAKDANCING CHOREOGRAPHER,
FOUNDER OF 'PLATING GRACE'

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The Man and the Movement

Written by: **Anthony Kelly**

On the fourth of July, 1925, a young man died in Turin, Italy. While his death at the age of 24 was a shock to his family, a greater surprise came to them a few days after his death – as his relatives prepared to take his body from the family home to the church where his funeral Mass would be celebrated. Opening the door, they saw that the streets of Turin were crowded with thousands of people – so much so that the cortege had to travel all the way around the block, rather than go directly to the church. The Saint of Turin had died, and the news had spread.

This man's name was Pier Giorgio Frassati. Fun-loving and energetic, he was known among his friends for his devotion to the Eucharist and to Mary, and for his tireless work for the poor of Turin. The Frassati name was well-known in the region; Pier Giorgio's father owned a highly regarded newspaper, and became an Italian ambassador to Germany, whilst his mother was a noted painter.

It can be hard to appreciate the gap between the rich and the poor, while living in a country as wealthy as Australia. But just think, *'more money than you would ever need'* versus *'can't afford a loaf of bread per week for my children'*, and you'll be heading in the right direction. Pier Giorgio desired nothing more than to bring the love of God to those who needed it most. He once wrote to a friend, "All around the sick and all around the poor, I see a special light which we do not have."

As a child, Pier Giorgio received a special dispensation to receive Holy Communion daily, a practice that was uncommon at the time, and he never failed to receive that sacred gift. Pier Giorgio asked the family gardener to wake him early in the morning by pulling on a rope that ran out his window and was tied to his foot or hand. He would then wake, climb out his window, and run five kilometres up the mountain to attend Mass.

Afterwards, he would return the same way and climb back into his bed for another hour of rest. His mother would often find him dressed when she came to wake him, thinking he had been too lazy to change out of his clothes.

While they were aware of his unusual piety, much of Pier Giorgio's charitable works went largely unnoticed by his family, who by and large did not share his faith. His parents saw him as somewhat scatter-brained, always arriving home late, or losing articles of clothing. In truth, he was often late because he would give away his bus ticket money, shoes and coats to the poor, and run home instead.

On the day of Pier Giorgio's beatification in April 1994, Pope John Paul II called him "a man of the beatitudes" a great example of everyday holiness for young Catholics. Since then, numerous groups and movements have borne Frassati's name. The Frassati Fraternity is an Australian lay initiative assisting young men to authentically live their faith in the world today. Inspired by Blessed Pier Giorgio, the movement operates through 'Frassati Houses', communities of young men who encourage and support each other in Christian fellowship, while striving to grow in virtue as they go about their daily lives.

The Melbourne Chapter of the Frassati Fraternity was formed by three young men in Mount Waverley at the end of 2015. Four years later, the Frassati houses have hosted more than 20 men committed to community life and offering their time and talents to the activities of Holy Family Parish.

Young people are invited to join the wider Frassati community through their attendance at activities hosted by the Frassati Fraternity throughout the year, including Holy Family's young adults group. Check the bulletin for details of upcoming events!

Holy Family Noticeboard

The Poppy Project

The Poppy Project is a Remembrance Day initiative by Avila student, Maddie Taylor, to create a school display with a total of 2,000 crochet, felt or fabric poppies to commemorate this day. Maddie is asking for some assistance with this, in order to reach her goal of 2,000 poppies by 8th November. If you are able to help, please find the brochures with further information and instruction available in the foyer of the church.

Camino Pilgrimage

During the month of July, Fr Pearce will be journeying with 11 young men as they discern their vocations on the Camino. We ask that you pray they have a safe and fruitful pilgrimage.

Fr Pearce will return the first weekend of August. Please read the weekly notice sheets for any changes to the regular schedule during this month.

Alight Family Fiesta Bus

Those interested in attending the Alight Family Fiesta may register their interest with the Parish Office in reserving a spot on a bus that we will organise for the trip there and back.

PARISH OFFICE
9807 9494

Novena to Our Lady of Perpetual Help

The novena prayers to Our Lady of Perpetual Succour are said on:

1st Saturday of each month
9:00am - Holy Family Church

Holy Family Play Group

1st & 3rd Tuesdays of the month during the term.
9:00am-10:30am - Holy Family Hall

All pre-schoolers and their parents/carers welcome to come along. Morning tea provided.

St Vincent De Paul Members

The next meeting of The St Vincent de Paul Society will be held on:

Monday 5th August
7:30pm - Parish Library

Mothers' Prayer Group

Are you a mum, looking for some time out to pray and an opportunity to meet other mothers? Join us on a monthly basis at the Mothers' Prayer Group.

1st Saturday of the Month
4:00pm - 5:30pm - Parish Library
All Welcome

Next Alpha

Alpha starts again on August 7th, if you would like to join us, please register at holyfamily.melbourne/alpha. If you would like to support Alpha through volunteering and/or prayers please email:

KARI QUIST

MountWaverley.Evangelisation@cam.org.au



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Alpha is an opportunity to explore life and the Christian faith in a friendly, open and informal environment.

Register your interest at
holyfamily.melbourne/alpha

Alpha

Contact Us

OFFICE HOURS

9:30am - 2:30pm (Mon- Fri)

ADDRESS

236 Stephensons Road,
Mount Waverley, Victoria
3149

PHONE

03 9807 9494

EMAIL

mountwaverley@cam.org.au

WEBSITE

holyfamily.melbourne

PARISH LEADERSHIP TEAM

Father Nicholas Pearce
Parish Priest

Kari Quist
Evangelisation and Catechesis

Mariana Hladik
Parish Administration

Joe Melhem
Youth Ministry

Genevieve Bryant
Youth Engagement

Lauren Considine
Religious Education Leader (Holy
Family School)

Leighton Hughes
Design and Communications

PARISH STAFF

Julie David
Principal - Holy Family School

Janet Cullinan
Parish Secretary

Annie Lawrence
Children and Family Ministry

Cameron Ryan
Hall Coordinator

Fr David Kim OFM Conv.
Chaplain to the Korean
Community

HALL BOOKINGS

Small and Large Hall is
available for family and
group bookings.

Parishioners' rates available.
Please contact the Parish Office
for more information.

COLUMBARIUM AND MEMORIAL GARDEN

Plots are now available for
reservation for Parishioners
and Families.

Please contact the Parish Office
for more information.

Regular Mass Times *

MONDAY

6:30pm
2nd, 3rd, 4th & 5th Mondays of
the Month

TUESDAY

7:00am

WEDNESDAY

9:15am
Followed by morning tea

THURSDAY

7:00am
7:30pm **KOREAN**

FRIDAY

9:15am

SATURDAY

6:00pm

SUNDAY

8:30am
10:30am
1:30pm **KOREAN**
5:00pm

* Weekly Mass Schedule may
change from time to time. Please
check the Parish website for the
most up-to-date information.

Adoration of the Blessed Sacrament

TUESDAY

7:00pm - 8:00pm

WEDNESDAY

8:00am - 9:00am

FRIDAY

8:00am - 9:00am

Confession Times

SATURDAY

5:15pm - 5:45pm

SUNDAY

9:45am - 10:15am

Baptisms

Sundays following 10:30am Mass.
Please ring the Parish Office for
preparation and scheduling of
Baptism.

Weddings

By appointment with the Parish
Priest.



P 1300 845 526



P 0413 100 685 - Francis (Kim)

Active Cleaning

P 0418 382 505 - Simon



P 9886 5318

Stitch 'n' Time

P 9807 6916 - Elsie



P 0433 661 738 - Jeffrey Kang



P 9807 3007

Choi Painting

P 0402 354 246 - Alberto